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JEFFERSON COUNTY  
PUBLIC SCHOOLS

# Parent University

A free workshop for  
parents/guardians of  
10- to 15-year-old students

*Tuesday,  
August 25, 2009*

JCPS Gheens Academy  
4425 Preston Highway



# Welcome to Parent University

It is not easy raising children, especially as they enter their teenage years. Between the ages of 10 and 15, our sons and daughters evolve from children into young men and women. During this time, children experience many growing pains—and so do their parents. That's why the Jefferson County Public School (JCPS) District sponsors Parent University.

Parent University offers a variety of useful workshops to help parents/guardians of young adolescents deal with the issues and concerns facing their children. Not only will these courses help you help your child improve his or her academic performance and become better organized, Parent University classes can help you communicate better with your young teen and understand the characteristics of this age group—all practical information you can use immediately.

While you are attending classes, fourth-grade through middle school students may participate in quiet games or attend classes with their parents.

Enroll yourself and your fourth-grade through middle school student in Parent University classes scheduled for **Tuesday, August 25**. Space is limited, so make your reservation—using the attached form—today!



www.jcpsky.net  
EQUAL OPPORTUNITY/AFFIRMATIVE ACTION EMPLOYER OFFERING  
EQUAL EDUCATIONAL OPPORTUNITIES

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# Course Descriptions

**All courses are 45 minutes in length.**

**Parent Support for Reading and Writing**—Learn simple activities you can do at home with your child to improve his or her reading and writing skills.

**Get Your Act Together**—Learn how to make the transition to middle school and how to become an organized, efficient middle school student. This session is for parents **and** their 10- to 15-year-old child.

**Together We Can Be Bully-Free**—Learn to recognize signs of bullying, including cyber-bullying, and help your child deal with it (e.g., e-mail, cell phone, and chat rooms).

**No Parent Left Behind**—Learn how to stay involved in your child’s education. Don’t leave your child behind.

**Paying for College**—Learn the basics about financial aid resources to help your child pay for college and about what your child can be doing now to earn valuable scholarship dollars for college.

**Choices**—Learn about the choices your child has in selecting a middle or high school.

**Making It Add Up**—Learn strategies to help your child succeed in Connected Mathematics 2.

**Hassle-Free Homework**—Learn tips and techniques to help your child find the best resources to complete homework assignments and projects.

**Parent Portal**—Learn how to track your child’s progress in school and dialogue with your child’s teachers on a secure Web site.



## Schedule

**6 p.m. Registration**  
Hot dogs, chips, and drinks will be served.

**6:30 p.m. Session I**

**7:25 p.m. Session II**

**8:10 p.m. Adjournment**

**JCPS Gheens Academy**  
**4425 Preston Highway**

Cut on line. Fold in half. Tape or glue at this top end.



Jefferson County Public Schools

**Enroll me in Parent University today!**

Parent’s Name: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Home Address: \_\_\_\_\_ Elementary/Middle School this year.  
My child attends \_\_\_\_\_  
Choose four workshops you would like to attend, and write in the titles below.\* You will be enrolled in two of your selections.

**First Choice:** \_\_\_\_\_ **Third Choice:** \_\_\_\_\_  
**Second Choice:** \_\_\_\_\_ **Fourth Choice:** \_\_\_\_\_  
\*If your child wants to attend any sessions with you, please check here and do not choose a student activity.

**Enroll my fourth-grade, fifth-grade, or middle school child in the following activity!**

Please fold on line and tape shut before mailing.

**First Student’s Name:** \_\_\_\_\_ Elementary/Middle School this year.  
My child attends \_\_\_\_\_  
My child will attend quiet games.

**Second Student’s Name:** \_\_\_\_\_ Elementary/Middle School this year.  
My child attends \_\_\_\_\_  
My child will attend quiet games.

Remember that a parent must attend Parent University in order for students to participate in one of the above activities. Parents will be given an admission ticket for student activities at the registration booth on **Tuesday, August 25, 2009**. Due to space limitations, student activities are offered **only** for children who are 10 to 15 years old.

Please complete and return this form by **Friday, August 14, 2009**, to:  
Susan Shortt • VanHoose Education Center • P.O. Box 34020 • Louisville, Kentucky 40232-4020